

WOMEN  THRIVING

# ANNUAL REPORT

**2022-2023**

**Learning**

**Leadership Development**

**Community**

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In the year 2022, the organization made significant improvements in all areas of their operation. We focused on increasing participation, improving programming, building community, and launching new workshop series.

Through targeted outreach efforts, they were able to attract a more diverse group of participants, including those from underrepresented communities. The organization also made a concerted effort to improve programming, making it more relevant and engaging for attendees.

To build community, the organization hosted social events and networking opportunities, which allowed participants to connect with one another and form lasting relationships. These efforts proved successful in creating a sense of belonging and encouraging participants to become more invested in the organization.

In addition, the organization launched new workshop series on a range of topics, providing participants with opportunities to learn new skills and engage in meaningful discussions. These workshops were met with great enthusiasm and helped to attract new participants.

Overall, the organization's efforts in 2022 resulted in a more vibrant and engaged community, with increased participation and improved programming. Their commitment to diversity and inclusion, as well as their innovative programming, ensured that the organization continued to thrive and grow in the years to come.

## **President of the Board**

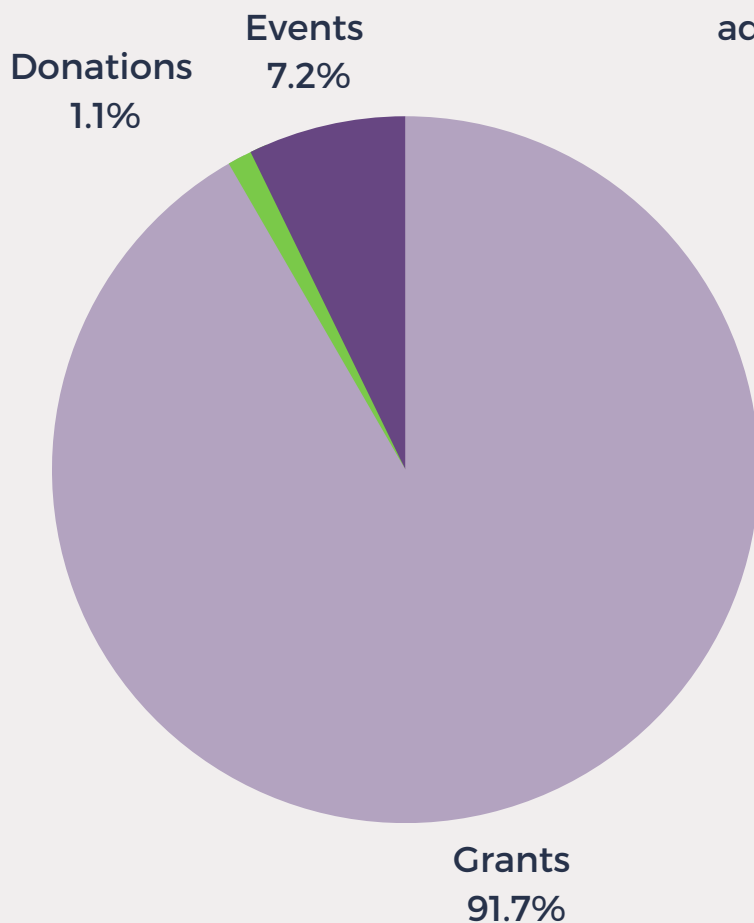
Caitlin Star

## **Executive Director**

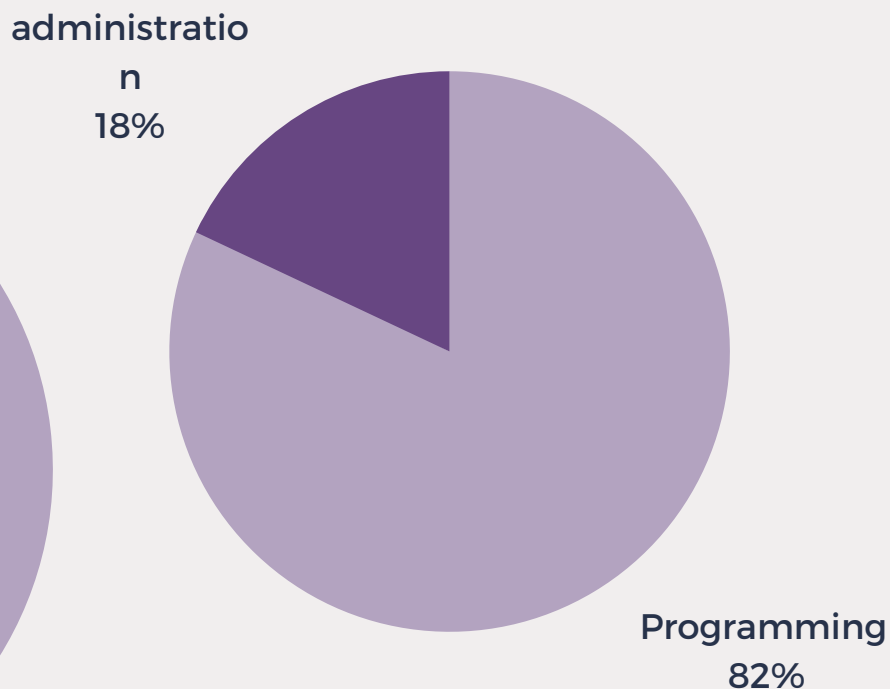
Abigail Lopez

# Financials 2022

## Revenue



## Expenses



Programming always comes first with the help of our community partners and ardent advocates.

Our Workshop Series, ranging from 4-8 weeks in duration, engaged 132 women

**Specialty Instructors facilitated workshops in the following areas:**

- Resiliency Skills
- Parenting and Self-Care
- Language and Culture
- Health and Well-Being

One third of our series were language or culture- specific for Latinas, Asians/Asian-Americans, and Haitian women

# Quotes from our Thrivers

**"The days we dont have pilates I feel out of place"**

**"I understand now that it  
is okay to take a break"**

**"I liked the conversation with the teacher  
and the group, we support each other. The  
videos, the lounge twisters were very useful.  
We learned so much with the practices in  
small groups/ breakout groups."**

**"A great class to extend my  
English vocabulary and  
knowledge, it helps with my  
English"**

# Latinas Unidas Community Group



Latinas Unidas is a community group that meets regularly at our non-profit organization to build community and support one another. The group is open to Latina women from all walks of life and provides a safe and welcoming space for members to connect, share their experiences, and learn from one another.

Through a range of activities and events, including workshops, networking opportunities, and social gatherings, Latinas Unidas helps to foster a sense of belonging and empowerment among its members.

The group is dedicated to creating a supportive community where Latinas can come together to share their stories, celebrate their heritage, and support one another in achieving their goals.

At Latinas Unidas, members can connect with like-minded women, build new friendships, and access resources to help them navigate challenges and pursue their goals. Whether they are seeking career advice, personal support, or simply a sense of community, Latinas Unidas provides a space where Latina women can come together to find the support and encouragement they need to thrive.

Overall, Latinas Unidas is an essential part of our non-profit organization, providing a much-needed space for Latina women to connect, learn, and grow. The group's commitment to building community and supporting its members is a testament to the power of community and the importance of coming together to support one another.

# BIPOC Women Leaders Program

The 20-week learning experience includes the following:

Eight women participated in a paid, interactive, skill application-focused training program.

The program will run for ten weeks for 2 hours per week. The training was facilitated by a Certified Leadership trainer and Director of Diversity, Equity, and Belonging housing Families in Malden, Ma, Cheryl Williams. Weeks 1-5 included a discussion and skills building using the Kouzes and Posner Five Practices of Exemplary Leadership.

Weeks 6-10 consisted of weekly two-hour training/discussions with the lead facilitator plus guest BIPOC women leaders. These sessions deepened participants understanding of the principles they learned during the first five weeks and how to apply them in the workplace or other leadership environments.

Finally, under the guidance of different leaders, following the initial 10-week training period, each of the eight participants chose an organization in Brookline or beyond to serve as an intern for the remaining 10 weeks.

## **Collaborating Organizations:**

ASIAN WOMEN FOR HEALTH

ASIAN TASK FORCE FOR DOMESTIC VIOLENCE

AFRI-ROOT COLLECTIVE

IMMIGRANT FAMILY SERVICES INSTITUTE

MY LIFE MY CHOICE

BROOKLINE PUBLIC HOUSING

# ARPA Job Training



This job training program is designed to provide participants with a comprehensive learning experience that includes five workshop series on Zoom, each six weeks in length and meeting for approximately 3 hours per week. The program will cover a range of skills-building topics, including health and well-being, English Language communication, preparation for employment, personal money management, technology for work environments, and industry-specific employment training with local employers. Participants will also have the option to enroll in an additional 7-week program in interpreter preparation. Participants will have the opportunity to learn from experts in various industries.

The workshop series will include Resiliency Skills, Preparing for Employment, English Language and American Culture, Technology/Computer Skills, and Money Management.

At the end of each series course, participants will have gained valuable skills and knowledge that they can apply to their personal and professional lives. Overall, the 7.5-month program is designed to provide a comprehensive job training experience that will equip participants with the skills and knowledge needed to succeed in today's workforce.



# Leadership ( Board of Directors )

Abigail Lopez , Executive Director

Chobee Hoy

Lisa Goldblatt-Grace

Misti Jaynes

Danielle Mendola

Ritah Nakandi

Vicki Ni

Jen Paster

Kimberley Richardson ( Vice  
President)

Felina Silver Robinson

Barbara Simonetti

Caitlin Starr, President

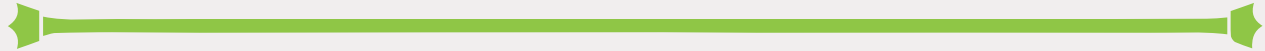
Bishnu Tamang

Paula Torres

Carol Steinman

Julie Youdovin

Beverly Zibrak



## Funders

Brookline Community Foundation

Brookline ARPA

State ARPA

Eastern Bank Charitable Foundation

Women Thriving's work is made possible by our committed board and committee leadership, sponsors, donors, volunteers, and participants.